



# Sleep Well Youth Hostel

Espace du Marais asbl Rue du Damier 23 1000 Brussels Belgique www.sleepwell.be

# **Bookings & contact**

Sabina Najafova Tél: (0032) 2/226 57 36 Tél: (0032) 2/218 13 13 **Email: administration** @sleepwell.be

### Services and facilities

Free wifi, games, table tennis, bar, restaurant, breakfast 7-9AM, luggage room, guided tours and tourist activities for groups, 24/24h reception, no curfew.

## Location

Sleep Well Youth Hostel is centrally located (inside the inner ring road of Brussels), next to the metro station Rogier, behind the shopping mall City 2 and 10 minutes walk from the Brussels North Train Station.





Located a stone's throw from the Grand Place and 15 minutes from the European Institutions, Sleep Well is nearly more central than the Manneken Pis himself! It offers 240 beds and a wide-range of first class services. The building and rooms are totally suited for visitors with reduced mobility.

#### **GENERAL CONDITIONS & PRICES**

Accommodation includes the bed/room, sheets and blankets (no towels!) and the breakfast.

Table/ chair - shelf/wardrobe/rail Check in: 15pm Check out: 11am Private showers & bathrooms

#### SLEEP WELL HOSTEL







Wash basin/mirror inside the room

# Price per pers./ night

Free breakfast: 7am - 10am

1 night : 31,00€ 4 lits Minimum 2 nights: 28,00€

3 lits 6 lits

#### SLEEP WELL STAR



Price	per room /	nia	ht
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Single room (Cocoon) 70,00€ Twin Room (Pullman) 80,00€ Triple room (Pullman) 100,00€ Lock-out: 11AM and 3PM. (Rooms are closed between 11AM and 3PM). Accommodation in multiple bedded rooms (3 to 6 beds) for the participants, single or twin for the leaders and drivers. Accommodation for the bus drivers is for half price (50% discount).



Higher standing rooms. TV and fridge in the room. No lock-out. The rooms are accessible 24h a day. Single rooms (Cocoon) are equipped with a safety deposit box. Rooms payable for all. No discount for drivers.

## **CATERING**





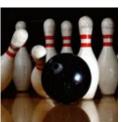




MEAL	price: Person	Today's special/cold dish/lunch box: Monday to Saturday, lunch or dinner. <u>Closed on Sundays, except for breakfast.</u>
2 COURSES MENU	12,00€	<b>Breakfast</b> (orange juice, organic and fair trade coffee, tea, hot chocolate, cereals, toast, white bread, grey bread, sugar bread or Currant
3 COURSES MENU (with soup)	13,00€	loaf, cheese, jam, butter)+(homemade preparations, warm or cold, sweet or salty except the weekends) <b>included in the price</b>
3 COURSES MENU (with cold starter)	14,00€	Opening hours: breakfast from 7am to 10 am, lunch from 12 am to 1.30 pm, dinner from 6.30 pm to 8 pm.
LUNCH BOX	7,20€	Free for the drivers (only if the whole group takes the meal).

## **TOURIST ACTIVITIES**













A choice of activities specially suited to young people for groups of minimum 15 pax. Guides and professional activity leaders. <u>Personalized program</u> and thematic days (Europe) on request. Airport **transfers** and daytrips (Bruges, Gand, Anvers, Liège...).

Walking guided tours (The Heart of Brussels, European district or Comic strip Tour), Magritte Museum, Museum of Natural Sciences, Belgian Centre for Comic Strip, Planète Chocolat, Brewery Cantillon, Mini Europe, the Atomium, Bowling Crosly...

Bookings: min. 2 weeks ahead.

Send an e-mail to Olivier: <u>olivier.henry@sleepwell.be</u>

## **MEETING ROOMS**







**NELSON MANDELA MEETING ROOM** 

**ROSA PARKS MEETING ROOM** 

ELISABETH FREEMAN MEETING ROOM

Rooms	Maximum capacity	1/2 day	1 day
Nelson Mandela	120	210€	265€
Rosa Parks	70	160€	180€
Elisabeth Freeman	20	145€	170€

For your meetings, lectures, conferences or seminars, we offer 3 large rooms for up to 120 people, equipped with TV/video, digital projectors and large screens, paper flipcharts, microphones and amplifier, etc. Wheelchair Friendly. Lift & wide doorways

We renamed our rooms on 14/06/2018. Nelson Mandela Hall (former Schuman Room), Rosa Parks Room (former Monnet Room), Elisabeth Freeman Room (former Spaak Room).